

## IDENTIFY THE NEED

What need was identified through the assessment or discovery process?

## IDENTIFY EXISTING SUPPORTS

Are there existing supports in place that can address the need? For example, unpaid supports, and paid support staff.

## EXPLORE NON-WAIVER RESOURCES

If no existing supports can address the need, what new non-waiver resources were explored? For example, unpaid supports, private pay, insurance, Medicare, Medicaid state plan, community resources. 5123:2-9-45 (B)(9)(c)

## EXPLORE SELF SERVICES

If a waiver service is needed, what SELF services were explored? 5123:2-9-45 (B)(9)

## SERVICES FROM A NON-CERTIFIED PROVIDER

What broad array of options or methods did the team explore to address the need?

## COST EFFECTIVENESS

Once a particular item or service is decided to be the best option, what cost comparisons were made to ensure the most cost effective alternative is being purchased? 5123:2-9-45 (B)(9)(d)

## HEALTH AND WELFARE

How will this purchase assure health and welfare?

## OUTCOMES

How will this purchase assist the person with achieving at least one of the following outcomes: improve functioning, help person remain in the community, enhance community inclusion, or develop or maintain skills, decrease dependency on formal supports, increase independence? (B)(9)(a) and (B)(9)(d)

## INCORPORATE INTO ISP

How is the purchase incorporated in the person's ISP?

# PARTICIPANT DIRECTED GOODS AND SERVICES

UNDER THE SELF WAIVER

# Participant-Directed Goods and Services

## Scenarios - Bob and Jane

Identified need: Bob requires a variety of sensory activities throughout the day to help him stay calm and relaxed.

### Identify existing supports

Takes walks with family

Physical therapy and gym at school

Swimming at grandma's

Going to the park, school playground

Brushing and joint compression at home and school

Lotion applied three times a day

Squishy ball and material swatches available at home and school to carry and touch, as needed

Dancing and exercise video games

MP3 player with favorite songs

Extracts, perfumed lotions, and air fresheners available for olfactory stimulation



### If he still has unmet needs, what non-waiver resources would address them?

Is it possible to rotate or vary the availability of his existing items so they remain effective, rather than adding anything new?

Sew sandbags or soft weights into vests or blankets (no one knows how to sew)

Does private insurance cover additional therapies or equipment purchases? Additional OT is available, no equipment available.

## If he still has unmet needs, what other SELF services may help?

Would FBA or CTI be beneficial?

Are there training or education opportunities available through participant or family stability to assist the family with incorporating a variety of stimulating activities throughout the daily routine?

Could his existing Community Inclusion provider be doing more things with him to meet this need?

## Is there still an unmet need?

Something he finds very calming at this time is being in a dark room and watching the movement of lights or lighted objects.

The team has discovered three items at Walmart for which there is no other funding source that can be rotated in and out of his room to give him a variety of visual stimulation. These include a \$15.00 lava lamp, a \$30.49 night light projection lamp, and a \$21.99 ocean light projector with speakers

These items were chosen in lieu of a \$329 lighted bubble tower, a \$70 jelly ball lamp, and \$229 magical light display available through a disability-specific catalog.

The ISP now reflects that Bob's family and his Community Inclusion staff will include these lighted options as part of his routine sensory diet and that he should be encouraged to use them when it appears that he is becoming anxious.

## What not to do

*Identified need: Bob requires a variety of sensory activities be made available to him throughout the day to help him stay calm and relaxed.*

Do not ask family how they would like to use the self-directed budget to meet this assessed need.

Do not submit spending plan that includes thousands of dollars of sensory equipment selected from a catalog or web-based vendor.

Do not begin the planning discussion with things like, "you have \$25,000 to spend this year. What do you want to purchase that you feel would meet your needs?"

Do not create a "wish" list of items to be purchased.

Do not determine what good or service to purchase first and then complete evaluations and assessments that support the purchase.

Identified need: Jane wants to spend more time participating in outdoor activities with her family.

### Identify existing supports

- Family picnics
- Going to siblings' sporting events
- Spending time in the family pool
- Going to the local accessible playground
- Taking walks in accessible areas



### If she still has unmet needs, what non-waiver resources would address them?

Everyone else in the family enjoys bicycling. Jane is unable to ride a traditional bike.

Is there a tow-behind option available that the family can purchase so she can go on bike rides with them? *Due to recent family set-backs, they can't afford this new equipment.*

Are there any civic or charitable organizations in the community that assist families with obtaining this kind of equipment?

Is the family able to purchase it from a second-hand store?

### If she still has unmet needs, what other SELF services may help?

After exploring the tow-behind option, it was determined no model is big enough to accommodate Jane.

No other SELF service can address this need.

### Is there still an unmet need?

Jane is assessed to be able to use either an adapted bike with back support and a belt or a recumbent bike with a belt.

The team obtains quotes on several different models of each type of bike.

The most cost effective model is chosen for \$980.

The ISP now reflects that Jane's family and her Community Inclusion provider will offer her the opportunity to go on bike rides throughout the warmer months. She will be encouraged to invite her friends from the neighborhood to participate, too, to promote integration, socialization, and physical well-being.

### What not to do

*Identified need: Jane wants to spend more time participating in outdoor activities with her family.*

Do not ask the family how they would like to use their self-directed budget.

Do not submit a spending plan to the FMS to request a \$6200 recumbent bike.