

## TO BE RESCINDED

5123:2-3-12

**Food, clothing, and personal items.**

## (A) Purpose

The purpose of this rule is to achieve positive outcomes for the individual by involving the individual in decisions that relate to food and clothing. Each individual will participate in choices related to food and clothing as defined in his/her IP. A residential facility will also be responsible for ensuring that the individual's clothing and personal items are adequately accounted for and maintained by the residential facility.

## (B) Food

- (1) The licensee shall offer individuals food and daily meals which meet their nutritional needs and preferences. In those cases where an individual cannot meet his/her daily nutritional needs without assistance, assistance shall be provided.
- (2) Modified or specially-prescribed diets shall be prepared and served in accordance with the instructions of a physician or licensed dietician. "Modified or specially-prescribed diets" are defined as diets that are altered in any way to enable the individual to eat (for example, food that is chopped, pureed, etc.) or diets that are intended to correct or prevent a nutritional deficiency or health problem. The licensee shall keep on file in the residential facility records of modified or specially-prescribed diets for the previous thirty days.
- (3) Menus must be prepared based on the individuals' food preferences and provide a variety of foods at each meal and adjusted for seasonal changes. When individuals substitute menu items, they should be encouraged to choose items that contain the nutritive value comparable to the planned items on the menu. The licensee shall keep on file in the residential facility records of menus, menu modifications, and meals served for the previous thirty days.
- (4) The licensee shall encourage the individual to participate in the selection of meals to be served and meal preparations.
- (5) The individual shall not be made to eat nor be denied any meal or food item as a form of discipline.
- (6) Fresh food supplies sufficient for three days and staple food supplies sufficient for at least five days shall be available in the residential facility at all times.

Such supplies shall be available for inspection by the department.

- (7) The licensee shall prepare and store food properly and in accordance with health codes to protect it against contamination and spoilage. Food products shall be stored separately from potentially harmful non-food items, particularly cleaning and laundry compounds, so that confusion in identifying edibles is minimized.
- (8) The licensee shall make reasonable accommodation to observe the dietary dictates of an individual's religion.

(C) Clothing and personal belongings

- (1) The licensee shall ensure that each individual has an adequate amount of personal clothing in good repair, well-fitting, and comparable in style to that worn by age peers in the community. The licensee shall have a plan to meet the clothing needs of an individual who does not have personal funds available to cover needed items. All clothing shall be clean and in accordance with the season and the kinds of activities in which the individual is engaged.
- (2) The licensee shall be responsible for encouraging each individual to select, purchase, and maintain his/her own clothing and to dress as independently as possible.
- (3) The licensee shall record each individual's clothing and personal items within fourteen days of admission. An inventory of each individual's clothing and personal items shall be taken and each individual's record updated at least once during a twelve-month period, and at the time of discharge.
- (4) Any single item purchased by, or on behalf of the individual, with a purchase price of fifty dollars or more shall be added to the record when acquired and deleted from the record when discarded or lost.
- (5) The requirements in paragraphs (C)(3) and (C)(4) of this rule do not apply to an individual determined to be capable of self-management of his/her personal possessions and this capability has been documented in the individual's plan.
- (6) The licensee shall not discard clothing and personal items without the consent of the individual.

Effective:

Five Year Review (FYR) Dates: 11/06/2015

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Certification

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Date

Promulgated Under: 119.03  
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