

Qualified Intellectual Disabilities Professional

An Easy Read Guide

A Qualified Intellectual Disabilities Professional is someone who works for an intermediate care facility.

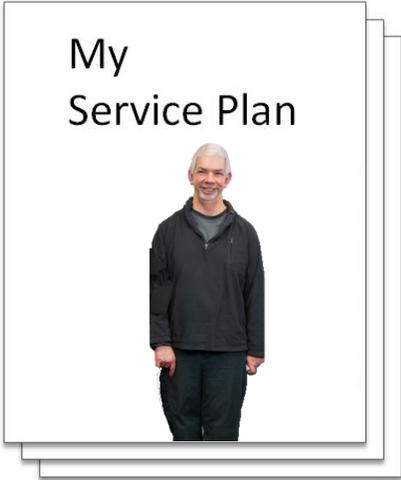
Sometimes they are called a QIDP or just Q.



If you live in an intermediate care facility your Q can help you get the services you need to live your life.

Services can be things like

- help getting dressed,
- help taking medicine,
- help getting places,
- or learning how to do new things.



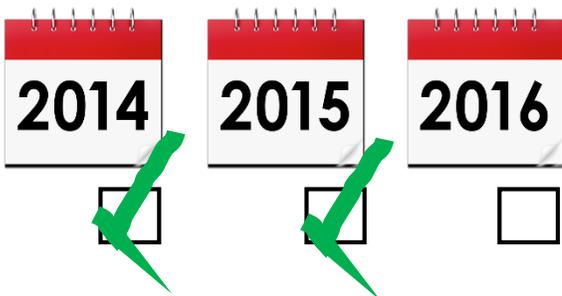
The services that you want are written down in a service plan.

Your Q helps make your service plan.



Every ICF is different. Usually people who work at your ICF can help you most of the services you need everyday like

- help taking medicine,
- help taking a shower,
- or help getting dressed.



If you live in an intermediate care facility, you should meet with your Q at least one time every year.