

Moving Into an ICF

An Easy Read Guide



An ICF is a place where at least 4 people live together.

If you are thinking about moving into an ICF, you should visit a few different ones to see what you like.

You can visit at different times of the day to see what people are doing.



You can ask questions during your visit.

Pages 4, 5 and 6 have some questions that you can take with you.



Every ICF looks different, but usually people who live in an ICF share a bedroom.

Some ICFs have a big room where everyone eats together.



Some ICFs have big rooms that everyone shares for

- watching TV,
- playing games,
- or visiting each other.



Some have a place for making things.
Some ICFs do not some do not.



Some ICFs have a lot of different things for people to do, like

- video games,
- playing music,
- cooking,
- and exercise classes.

Some ICFs do not have as many things to do.



Some ICFs have a schedule for taking groups of people out to do things.

If you live at an ICF, your friends or family can also take you to do things.



If you live in an ICF the people who work there

- can help you with your medicines,
- are always there in an emergency,
- can help you get around the ICF,
- and can help with cleaning and laundry.



If you want to know more about living in an ICF, talk to your SSA at your county board of developmental disabilities.

Visiting an ICF?

Here are some questions you might want to ask. Take these with you and write in the answers.

How much will it cost me to live here?

Does that cost include the cost of all of my food?

Does include the cost of utilities like electric, water, cable?

Do I pay for my own phone?

After I pay for living here, how much money will I have left over?
How do I get it?

What things are not included in the cost of living here?

Are there special things that cost extra?

How often can I visit my family?

What is there to do during the day?

Will I have a roommate?

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What happens if I don't get along with my roommate?

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Use the boxes below to write in any other questions you want to ask.

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