

5 Key Parts of Person-Centered Planning

An Easy Read Guide



1. The people who support you should know you really well.

They should know what you like and what you do not like.

The people who support you should know what things you want help with.

They should know what you want to do on your own.

They should know what your goals are.
And they should know what worries you.

They should know about your family and friends.



2. The people who support you should give you information that helps you make choices.



Tell the people who support you what you need.

If you are having a hard time making a choice, you can ask for more information.

You can ask people you trust for ideas and advice.





3. The people who support you can help you be a part of your community.

They can help you meet new friends.



4. Friends and family can also be people who support you.

People who know you well can help you make choices.

They can help you figure out what your goals are.

They can help you do things to reach your goals.

You can have friends and family at meetings about your Support Plan.





5. You can make choices for yourself about your Service Plan.

Tell the people who support you what is important to you.

Tell them when you want to try something new.

Tell them when there is something in your plan you do not like.

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