

## Checklist for using a Percussion Vest

- \_\_\_\_\_ 1. You **MUST** receive training on the use of a person's percussion vest before using it with them.
- \_\_\_\_\_ 2. Wash hands and put on gloves.
- \_\_\_\_\_ 3. Prepare percussion vest equipment and suction machine if suction will be used.
- \_\_\_\_\_ 4. Instruct the person about use of the vest (body position; length of treatment).
- \_\_\_\_\_ 5. Encourage the person to relax, breathe normally and cough when they feel like it.
- \_\_\_\_\_ 6. Place the vest on the person and check the fit of vest. It should be snug, but allow a hand to be inserted between the vest and chest. The vest should not sit on or below the hip bones.
- \_\_\_\_\_ 7. Help the person into a comfortable position of their choice. Be sure their upper body is elevated.
- \_\_\_\_\_ 8. Connect the tubing to the vest and generator per instructions.
- \_\_\_\_\_ 9. Turn generator on by pressing "start." Frequency and time are pre-set – **DO NOT** adjust.
- \_\_\_\_\_ 10. As the vest inflates, firmly grasp it at the bottom and pull it down.
- \_\_\_\_\_ 11. Stay within auditory range and visually monitor the person at least every 5 minutes during the treatment time. Stop the treatment immediately if the person is upset or in pain.
- \_\_\_\_\_ 12. When the treatment is done, have the person cough or suction as instructed by the person's licensed healthcare professional.
- \_\_\_\_\_ 13. Remove gloves, wash hands.

3-24-17 / 9-22-17

Trainee name: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Instructor initials      Instructor Name \_\_\_\_\_

**Comments:**